

The Community Respite Service Apartment

CRS maintains an attractive two-bedroom wheelchair **accessible** apartment located on St. Mary Avenue in downtown Winnipeg, for people with disabilities and their families. People living both inside and outside Winnipeg use the apartment. It provides those living within the city a place to get away and **enjoy** a change in their daily routine. For those visiting Winnipeg, the respite apartment may be more suitable than a hotel or motel. Besides offering more privacy and **comfort**, it is fully equipped, wheelchair accessible and **economical**.

“It’s a home away from home and an **ideal** setting for respite – for organizations, families, or individuals involved with people with disabilities”



Please **contact** us if you would like more information about our apartment.

For more **information** about Community Respite Service Inc. contact:

In **Winnipeg**

825 Sherbrook Street
Winnipeg, MB R3A 1M5

Phone: 204-**953-2400**
Fax: 204-775-6214
E-mail: comresp@mts.net

In **Westman**

710-3rd Street
Brandon, MB R7A 3C8

Phone: 204-**727-4910**
Fax: 204-728-3305
E-mail: crsbdn@mts.net



mission

Community Respite Service Inc. provides **quality respite** in Manitoba for caregivers of and to individuals with physical and intellectual disabilities.

vision

To provide **support** to caregivers and individuals in order to foster **independence** and participation in the community.



Who is Community Respite Service?

Community Respite Service (CRS) provides parents and caregivers of people with intellectual and/or physical disabilities the opportunity to take a much deserved **break**. We also provide support, companionship and assistance to people with disabilities whether they are living independently in their community or with their caregivers. For almost 25 years, we have been a **family centered** organization that strives to provide quality service.

Respite is defined as
“**relief** from duties of care”



Our Staff

We pride ourselves on having well trained, **friendly** and personable workers that are committed to providing the best **care** possible for the people they work with. CRS staff are trained in general practices, such as First Aid, CPR, Non-Violent Crisis Intervention, Lifting and Transferring, and Seizure Training; as well as **training** for family-specific needs. There is also ongoing training for all workers at our bi-monthly staff meetings.

How is Respite Funded?

Government Funded

People who have government funded respite can be referred to CRS by Supported Living or Children's Special Services through Manitoba Family Services and Housing.

Grants

Every year CRS tries to raise funds through grants that will allow us to provide respite to adults with physical disabilities, a group of people that normally do not receive funding for respite.

Private Purchase

Any person with a disability is able to purchase our service.

“Respite brings **rest** and **renewal**...
renewed **energy** and renewed
perspective”



Family Involvement

Being family centered is important to CRS and it means taking the time to get to know our families and encourage **involvement** in the organization. CRS has a variety of initiatives to promote participation and interaction.

- **Membership**, Committees and the Board

There are many different ways that our families can get involved with CRS that require different levels of **commitment**. Almost 25 years ago CRS was started by families so it is important to us that families remain a central part of the organization.

- Events and **Fundraising**

Every year we host family **appreciation** events and fundraising activities. Event dates are posted in our seasonal newsletter.

- **Volunteering**

All of our committee members and board members are volunteers. We also look for volunteers to **help out** with special events, fundraisers and general office duties. If you are interested in volunteering, please call one of our offices.

